



St Joseph's Wesham PSHE/RSE Curriculum Map

Year Group	Growing in Love for myself and God (Relationships)	Growing in Love for Family, friends, faith and community (Living in the Wider World)	Growing in love for my character and well-being (Health and Well Being)
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Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Donaldson Class	What is the same and different about us? All about me (Life Education) Life To The Full Story Session handmade with Love	Who is special to us?	How can we look after each other and the world? Life To The Full-Module 1 Unit 3 and Unit 4 Like, You like, we all like! Good Feelings, Bad Feelings	Where money comes from? What can we do with money? Life To The Full- Role model Who's who? You've got a friend in me Forever Friends	What helps us to stay healthy? Kidsafe Life To The Full Safe inside and out My Body my rules Feeling poorly	Who helps us to stay safe? Life To The Full Module 3 Unit 1 God is Love Loving God, Loving others Me, you, Us

	Module 1 Unit 1, and 2		Let's get real Growing up.		People who help us.	
Dahl Class	<p>What makes a good friend? How can we be a good friend? What is bullying? My Wonderful Body (Life Education) Life To the Full I am unique,</p>	<p>What are families like? Life To the Full Girls and Boys Clean and Healthy</p>	<p>What different jobs do people do? What different jobs are there? What stereotypes are there and how do we set personal goals? Life To the Full Feelings, Likes and Dislikes Super Susie Gets angry The Cycle of Life</p>	<p>What makes a community? Life To the Full God Loves You Special People Treat Others well And Say Sorry</p>	<p>What helps us to stay safe? What helps us grow and stay healthy? Why should we eat well and look after our teeth, keep active and sleep well? Kidsafe – Session Life To the Full Being Safe Good Secrets Bad secrets Physical Contact Harmful Substances Can You Help Me?</p>	<p>How do we recognise our feelings? Life To the Full Three in One Who is my neighbour? The Communities We Live In</p>

<p>Rowling Class</p>	<p>How do we treat each other with respect? How do we best respect others and ourselves? Meet The Brain- (Life Education)</p>	<p>How can friends communicate safely? How do we respond to hurtful behaviour Life To the Full Get Up The Sacraments We Don't Have to be the same Respecting Our Bodies What Is Puberty?(Year 4) Changing Bodies Boy/Girl (Year 4)Discussion Groups(Year 4)</p>	<p>How can our choices make a difference to others and the environment? Life To the Full What Am I Feeling? What Am I Looking At ? I Am Thankful Life Cycles</p>	<p>How do we make decisions about money and keep money safe? Life To the Full Jesus, My Friend Friends, Family and Others When Things Feel Bad.</p>	<p>What strengths, skills and interests do we have? Life To the Full Sharing Online Chatting Online Safe in My Body Drugs, Alcohol and Tobacco First Aid Heroes.</p>	<p>How can we manage our feelings? Responding to how others are feeling Life To the Full A Community of Love What is The Church How Do I Love Others?</p>
<p>Morpurgo Class</p>	<p>How do we manage and recognise pressure? Friends (Life Education)</p> <p>Life To the Full Calming the storm Gifts and talents</p>	<p>How can we manage transitions? What will change as we become more independent? How do friendships</p>	<p>What role does money play in people's lives? What are the risks with money? Life To the Full Body Image Funny Feelings Emotional Changes</p>	<p>How can the media influence people? How do we value diversity challenging discrimination and stereotypes? Life To the Full</p>	<p>How can we keep safe? How do we make safe choices? Life To the Full Sharing isn't Always caring Cyberbullying Types of Abuse</p>	<p>How can we keep healthy as we grow? Puberty Life To the Full The Trinity Catholic Social Teaching Reaching Out</p>

	Girls Bodies Boys Bodies Spots and Sleep	change and grow? How can friends communicate safely?	Seeing Stuff Online Making Babies Part 1 menstruation	Is God Calling You? Under Pressure Do You Want aa Piece Of Cake Self-Talk	Impacted Lifestyles Making Good Choices Giving Assistance	
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