

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community		
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	
Reception	Story Sessions: Handmade with Love	Session 1 I Am Me	Session 1 I Like, You Like, We All Like!	Session 1 Growing Up	Session 1 Role Model	Session 1 Who's Who?	Session 1 Safe Inside and Out	Session 1 God is Love	Session 1 Me, You, Us	
		Session 2 Heads, Shoulders, Knees and Toes	Session 2 Good Feelings, Bad Feelings			Session 2 You've Got a Friend in Me	Session 2 My Body, My Rules			
		Session 3 Ready Teddy?	Session 3 Let's Get Real			Session 3 Forever Friends	Session 3 Feeling Poorly Session 4: People Who Help Us			
Year 1 & Year 2	Story Sessions: Let the Children Come	Session 1: I am Unique	Session 1: Feelings, Likes and Dislikes	Session 1: The Cycle of Life	Session 1: God Loves You	Session 1: Special People	Session 1: Being Safe	Session 1: Three in One	Session 1: The Communities We Live In	
		Session 2: Girls and Boys	Session 2: Feeling Inside Out			Session 2: Treat Others Well...	Session 2: Good Secrets & Bad Secrets			
		Session 3 & 4 (two sessions): Clean & Healthy	Session 3: Super Susie Gets Angry			Session 3: ...and Say Sorry	Session 3: Physical Contact			Session 2: Who Is My Neighbour?
							Session 4: Harmful Substances			
Year 3 & Year 4	Session 1: Get Up!	Session 1: We Don't Have To Be The Same	Session 1: What Am I Feeling?	Session 1 (Yr4): Life Cycles	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others	Session 1: Sharing Online	Session 1: A Community of Love	Session 1: How Do I Love Others?	
		Session 2: Respecting Our Bodies					Session 3: I Am Thankful!			Session 2: When Things Feel Bad
	Session 2: The Sacraments	Session 3 (Yr4+) What is Puberty?	Session 3: Safe in My Body			Session 3: Drugs, Alcohol and Tobacco				
		Session 4 (Yr4+) Changing Bodies				Session 2: What is the Church?				Session 5: First Aid Heroes
		Session 5 (Yr4+) Discussion Groups - optional								
Year 5 & Year 6	Story Sessions: Calming the Storm	Session 1: Gifts and Talents	Session 1: Body Image	Session 1: Making Babies	Session 1: Is God Calling You?	Session 1: Under Pressure	Session 1: Sharing Isn't Always Caring	Session 1: The Trinity	Session 1: Reaching Out	
		Session 2: Girls' Bodies	Session 2: Peculiar Feelings			Session 2: Do You Want a Piece of Cake?	Session 2: Cyberbullying			
		Session 3: Boys' Bodies	Session 3: Emotional Changes	Session 3: Self-Talk			Session 3: Types of Abuse			
		Session 4: Spots and Sleep				Session 3: Menstruation	Session 4: Impacted Lifestyles Session 5: Making Good Choices			Session 2: Catholic Social Teaching